

**Healthcare Cost Containment Committee Minutes**  
**January 14, 2015**  
**3:30 p.m. to 5:00 p.m.**

**Attendees:** Kim Demaso, Shawn Croteau, Karen Bonin, Rachel Schneider, Debie Clayton, Bill Byron, Carolyn Belfiore, Linda Hastings, Marge Chiafery, Carol Smith, Nick Coler, Teresa Porter Cascadden

Guest: Melissa Hopf, Health Trust Benefits Advisor

**1. Approval of December 10, 2014 Minutes**

Carolyn Belfiore moved (seconded by Karen Bonin) to approve the December 10, 2014 minutes as amended. Not all members were present during the vote.

The motion passed 9-0-2 with Carol Smith and Rachel Schneider abstaining.

**2. Health Assessment Participation**

a) Rate for December

Bill Byron reported a 56.2% participation rate for December. The Merrimack School District is at 22% to date compared to 19% for other HealthTrust member groups.

b) Promotion Strategies for January

- Food Service employees will use computers at the high school during mid-terms.
- Remind district employees they can use district computers for this purpose.
- Remind college students to complete the survey before returning to school.
- Make use of the yellow note pads provided by HealthTrust.
- Send out a districtwide email reminder with a link to the survey.
- Make use of visuals (picture of envelope placed in an email or placed on a faculty room bulletin board.
- Call 1-866-564-5237 for login assistance or misplacement of a packet.
- Place the magnets supplied by HealthTrust in high traffic areas.

**3. January 8, 2015 Biometric Screening Outcomes**

Gratitude was extended to the custodial staff and others who helped set up the high school cafeteria for Biometric Screening on January 8, 2015.

Bill Byron reported a 99% participation rate for the biometric screening including a few non-school district employees.

Considerations for future biometric screening events are:

- Increase the number of stations.
- Extend the number of hours.
- Accommodate a higher volume between 2:30 p.m. to 3:00 p.m.

- Use two locations simultaneously to accommodate more people.
- Schedule two separate dates.
- Publish the date earlier.
- Do not schedule a date during winter months.
- Promote biometric dates in other locations.
- Send out a quarterly email reminder with a link to the Biometric Health Screening Form.
- Have hard copies of the form available for the doctor.

#### **4. Smart Shopper Participation Promotion Strategies**

Smart Shopper participants will be required to register again because it is a new program through HealthTrust. Everyone will need to click on “new user” and have their health insurance ID number available.

Bill Byron reported that Christine Soucy was representing Merrimack at the Health and Safety Academy and that the Smart Shopper program would be introduced at the Academy.

Bill Byron presented the district with a \$1,000 from the HealthTrust for the participation of two Health and Safety Academy participants from the school district.

Smart Shopper testimony

- Registration was easy and the check was received three weeks into therapy.
- Shopping for a facility in Merrimack was easy.
- The check is processed after the claim is processed.

#### **5. Focus Topic for February**

Bill Byron will provide a Smart Shopper tutorial in February.

Debie Clayton hopes to have the final 2014 Compass Smart Shopper report for review in February.

Marge Chiafery acknowledged the \$1,000 from HealthTrust. The committee will discuss how to utilize the money next month.

#### **Adjournment**

The meeting adjourned at 4:40 p.m.

#### **2014-2015 School Year Meeting Dates**

<b>Meeting Date</b>	<b>Refreshments</b>
February 4, 2015	Sue Robinson and Christine Soucy
March 11, 2015	Linda Hastings and Davis Powell
April 1, 2015	Marsha McGill and Teresa Porter Cascadden
May 6, 2015	
June 3, 2015	Debie Clayton and Bill Byron